



Canadian Mental
Health Association
North and West Vancouver
Mental health for all



SEYMOUR GOLF AND COUNTRY CLUB GOLF TOURNAMENT 2023

This year we are very excited to announce our beneficiary for the 2023 Golf Tournament – **Canadian Mental Health Association North & West Vancouver and their Outreach Program.**

On July 13, 2023 Seymour Golf and Country Club will host our 30th annual golf tournament that has benefited so many charities across the North Shore. The Canadian Mental Health Association North & West Vancouver (CMHA NWV) has been serving our community since 1958. Mental health affects us all, approximately 1 in 3 Canadians will have their lives touched by mental illness in their lifetime. In British Columbia, about 17% of us are experiencing mental health or substance use issues today. That's almost 900,000 of our neighbours, friends and family who are experiencing distress, maybe it is even you.

CMHA NWV offers a wide range of programs and services to help our community members achieve their optimal states of mental wellness. Their **Outreach Program** is the focus of this event. Having a safe, affordable place to call home is an important component of our well-being. Their outreach workers assist homeless and precariously housed people by connecting them with housing, community resources and economic and other supports such as grocery and gas cards and medication not covered by MSP.

As we have all experienced rising costs for everyday items the costs of operating this program have also been impacted. CMHA NWV's clients have been affected financially and are struggling to meet the basic needs of life – food and shelter. All while dealing with a mental illness.

As a valued community and business leader, we would like to ask you to **BECOME A SPONSOR**. Becoming a sponsor shows our community that you value mental wellness for all. Your company will be recognized on social media, at the tournament, on the websites and in CMHA NWV's newsletter. Your crucial contribution will help ensure that the Outreach clients and their families will be able to focus on their mental health and not whether or not they can pay rent or purchase food or medications.

Helping a person find a safe place to live or helping them with basic needs so their dollars can go towards rent can be a life-altering act of support. Funding CMHA NWV's Outreach Program will bring peace of mind and hope to members of our community who are struggling with the basics of life.

Please consider becoming a Sponsor and contact either Mary Jane Devine at mjdevine@tssconsulting.group or Ben Naimark at ben@naimarkgroup.com.

CMHA NWV SUPPORTS MENTAL WELLNESS FOR ALL!

Sincerely,
Mary Jane Devine and Ben Naimark
Co-Chairs